

# YOU decide. Your help.

## You decide

- **who** provides your help.
- **what** help you need within your budget.
- **when** your care will be provided.
- **how** much responsibility you want.

For information about  
Consumer Directed Community Supports call:



**1-800-333-2433**



**1-866-333-2466**

## Minnesota Department of Human Services

This information is available in other forms to people with disabilities by contacting us at 651-296-2770 or 1-800-882-6262 or through the Minnesota Relay Service at 711 or 1-800-627-3529 (TDD), 1-877-627-3848 (speech-to-speech relay service).

## Who might be interested?

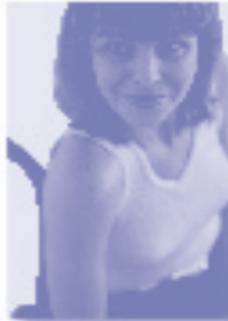
**Persons of any age** needing help to live in the community. Persons who need help with tasks such as laundry, rides or yard work, or with personal care such as bathing, dressing or meals.

**Persons wanting more choice** and control with the help that allows them to live in the community.

**Persons helping family members** and who may occasionally need time away.

**Persons on any of the Medical Assistance** community based waiver programs or Alternative Care Program (AC) not living in licensed settings.

**Persons who pay for help** with a cash benefit under a long-term care insurance policy or who pay with their own money.



## How does it work?

**You decide how to spend** your assigned budget allowance that is based upon your personal needs.

**You can hire people** that you know such as family, friends and neighbors to help you with your personal needs.

**You can take on** as much responsibility as you want to hire, train and manage your workers.

**Someone can help you** write a plan for how you want to spend your allowance, get the plan approved, and hire and set-up your workers.

**A fiscal management service** will help you pay workers and purchases, withhold employment taxes and keep track of your spending.